## THE INTEGRATION OF DATA COLLECTED BY WEARABLES IN THE PAYER EVIDENCE STRATEGY

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### John Chambers, Former Cisco CEO



Every company today is a technology company

Is healthcare now a <u>data and</u> <u>technology</u> industry? If so, the implications are profound...



## Audience Interactive Question



Has your organisation developed a digital strategy that COMPREHENSIVELY encompasses payer stakeholders AND use of RWE generated by the digital elements?

### **Possible answers:**

**01** Yes

**02** No not yet, but in progress

**03** No, but I think we should start

**04** No, and I'm not aware of plans to address this



### Working hypothesis for our current research



Digital Health is a growing phenomenon

**Wearables / Connected** 

Devices have so far been leveraged in limited clinical & regulatory settings but that trend is changing Drug + Device / Wearable + Service offerings will increase and payer sentiment appears to be changing



### The future of health will be driven by data



Curated for biological, physiological and neurological needs

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Constant monitoring to redress imbalances and maintain optimal health



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Moving from reactive to pre-emptive healthcare



https://www.forbes.com/sites/blakemorgan/2018/10/22/10-examples-of-personalization-in-healthcare/?sh=e700bd324e01



# Digitisation of healthcare is underway & forecasted to accelerate across the decade

01 Transformation of Data Capture for Clinical Trials<sup>1</sup>

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8 in 2000 → 1172 in 2017
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Number of clinical trials started annually that include a connected digital product



03 Global Market Size for Connected Health Technologies<sup>3</sup>



02 Increase in Connected Health-related Devices<sup>2</sup>

#### **48%** in 2018 $\rightarrow$ **68%** in 2023

Estimated percentage of connected vs nonconnected medical devices



04 Significant Growth Forecasted for 'Wearables' Medical Devices<sup>3</sup>



Source:1. Marra, C. et al, 2020, "Quantifying the use of connected digital products in clinical research", npj Digital Medicine (2020) 3:50; <a href="https://doi.org/10.1038/s41746-020-0259-x">https://doi.org/10.1038/s41746-020-0259-x</a>; 2. IBM Institute for Business Value, February 2020 (<a href="https://www.ibm.com/thought-leadership/institute-business-value/report/medical-device-security">https://www.ibm.com/thought-leadership/institute-business-value/report/medical-device-security</a>); 3. Fortune Business Insights, Market Research Report, Dec 2021 (<a href="https://www.fortunebusinessinsights.com/connected-healthcare-market-106192">https://www.fortunebusinessinsights.com/connected-healthcare-market-106192</a>)



### Real world data generation examples

#### Three key questions for payer teams:

- 1. How to transform digital data in the ecosystem to evidence for value recognition / commercial value
- 2. What level of confidence is needed for this data to be considered evidence
- 3. How will value be attributed in the ecosystem



#### Monitor – Diabetes

NIHR-funded Online Diabetes Tool Rolled Out Across NHS

NHS To Roll Out Lifechanging Glucose Monitors To All Type 1 Diabetes Patients

https://www.england.nhs.uk/2022/08/nhs-to-roll-outlife-changing-glucose-monitors-to-all-type-1-diabetes

patients/



#### **Intervention – AFib**

Detection of Atrial Fibrillation in a Large Population Using Wearable Devices: The Fitbit Heart Study

The WATCH AF Trial: Smart Watches for Detection of Atrial Fibrillation

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https://pubmed.ncbi.nlm.nih.gov/30784691/ and https://www.ahajournals.org/doi/10.1161/CIRCULATIO NAHA.122.060291



#### **Prediction – Oncology**

Loyalty Card Data Could Help to Identify Ovarian Cancer Sooner

Wearable Activity Monitors to Assess Performance Status & Predict Clinical Outcomes in Advanced Cancer Patients

BMJ 2023;380:p227; https://doi.org/10.1136/bmj.p227



Ipsos payer panel: Acceptance by payers of data from wearables & connected devices is currently low, however....

<u>Consensus among payers is that</u> <u>this will gain relevance as long as it</u> <u>is a 'validated' device</u>, e.g., a device with a CE mark, or that is reimbursed already. Some payers already consider some data from smart watches to be acceptable



- Shows impact of intervention
- · Assists with compliance
- Better patient management
- Helps monitoring behaviour or behaviour change
- Supports patient validated endpoints
- Provides real world evidence



- Needs RCTs, with defined protocol and analysis
- Needs to come from a validated device
- Will require comparable technological standards across countries
- Results need to be published

Payers who took part in our survey\* rate the value of wearable data at 2.9 of 5

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### What are payers looking for if data from wearables is to become evidence to support HTA submissions?

## Although for many payers this data is not yet acceptable, it would be if some conditions are met

Before data from wearables can be considered, payers need to see:

- ✓ Wearable device data to obtain acknowledgement from regulatory
- Wearable data to be included in RCTs
- The data to be validated and published



HTA bodies are already aware and thinking about the impact and how such data can be integrated





# Payers think that data from wearables can help with monitoring, intervention and prediction



### Payers in our survey could see most potential for chronic diseases





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### Payer attitudes changing in Europe – have we reached an

– nave we reached a inflection point?

bility to Implement

Willingness to accept device data\*

\*for HTA or reimbursement

\*\*Composite of status of Infrastructure, regulatory vehicles, HTA guidance and realised examples in the market



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Source: Ipsos Payer Research, Feb 2023

# Implications: Clearest near-term opportunities are in Diabetes, CVMD, HT & MS

### 01

The Digital Health train is arriving at the station, so you need to at least be holding a ticket...

- Payers beginning to see the benefit of 'digital evidence' and role of 'wearables' data
- Differences across EU mean selective investment needed & pace of uptake will vary

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#### Companies need to think about their holistic digital evidence strategy

• i.e., pathway from RCT to RWD to RWE to continuous value demonstration?



### You need to understand the ecosystem & it's players

- Can you leverage ecosystem partner data to create structured RWD?
- Can the RWD become RWE for a payer?



# Could conditional reimbursement become more routine?

- Could you execute using your validated digital RWD?
- What useful dimensions does wearable data bring to your data pool?
- How could this enhance or enrich your RCT evidence?



### **Next steps for companies**



- EDUCATION
- The eco-system in which you are operating
- Which device data enhances disease specific endpoints & can be collected via a digital ecosystem?
- Start building knowledge as early as possible; does your organisation need to invest?
- Who is already a data provider?

 To help them become more confident in reliability, generalisability of such data and its validity with key academic groups

**BEGIN PAYER** 

Seek out opinions early

- COLLABORATE
- With tech companies, Dx companies, DMP providers, physician groups and academia
- Collaborate at both the 'Front End' & the 'Back End'
- Work with groups such as Get Real, EHDEN, EUNetHA & EIT Health
- Pharma may not have all the relevant data



- How will you measure your progress to your goals?
- Which are the critical milestones towards launch?
- What are your KPIs for success?



## Audience Interaction Question



How likely is it that your organisation will expand its use of digital data collection for RWE through the use of wearables in the next 2-5 years?

### **Possible answers:**

- **01** Highly likely
- **02** Somewhat likely
- **03** Unlikely with wearables, but maybe other digital data sources
- **04** No digital data collection planned

